

## Mandatory qualifications and professional body membership requirements – simplified 2023 matrix

<b>Specialist Mentor – Mental Health (SM-MH)</b>	
This role requires membership of one of the following professional bodies at the levels specified.	
<ul style="list-style-type: none"> <li>● <b>Addiction Professionals - Registration Body and Network</b> <ul style="list-style-type: none"> <li>○ National Counsellor Accreditation Certificate (NCAC)</li> </ul> </li> <li>● <b>Association of Child Psychotherapists (ACP)</b> <ul style="list-style-type: none"> <li>○ Full membership.</li> </ul> </li> <li>● <b>Association of Christians in Counselling and Linked Professions</b> <ul style="list-style-type: none"> <li>○ Accredited Counsellor</li> <li>○ Registered Counsellor</li> </ul> </li> <li>● <b>The British Association for Behavioural and Cognitive Psychotherapies (BABCP)</b> <ul style="list-style-type: none"> <li>○ Full Accredited membership</li> </ul> </li> <li>● <b>The British Association for Counselling and Psychotherapy (BACP)</b> <ul style="list-style-type: none"> <li>○ Registered Member (MBACP)</li> <li>○ Accredited Member (MBACP - Accred)</li> </ul> </li> <li>● <b>British Psychoanalytic Council (BPC)</b> <ul style="list-style-type: none"> <li>○ Registrant</li> </ul> </li> <li>● <b>British Psychological Society (BPS)</b> <ul style="list-style-type: none"> <li>○ Registered with the BPS Wider Psychological Workforce Register in the following:                             <ol style="list-style-type: none"> <li>a. Psychological Wellbeing Practitioners (PWP)</li> <li>b. Education Mental Health Practitioners (EMHP)</li> <li>c. Clinical Associates in Applied Psychology (CAAP) Scotland</li> <li>d. Clinical Associates in Psychology (CAP)</li> </ol> </li> <li>○ BPS Chartered Member (CPsychol)</li> <li>○ BPS Graduate member (GMBPS)</li> </ul> </li> </ul> <p><b>NOTE:</b> For BPS Chartered and Graduate members, the following is also required:</p> <ol style="list-style-type: none"> <li>a. A postgraduate qualification in mental health (an undergraduate degree in mental health is <b>not</b> acceptable. The qualification <b>must</b> be a postgraduate degree in mental health),</li> <li>b. <b>AND</b> 30 hours of mental health-relevant continuous professional development (CPD) annually,</li> <li>c. <b>AND</b> engagement in supervision.</li> </ol>	<ul style="list-style-type: none"> <li>● <b>Counselling and Psychotherapy in Scotland (COSCA)</b> <ul style="list-style-type: none"> <li>○ Accredited (Other UK Professional body) Counsellor/Psychotherapist Member of COSCA membership</li> </ul> </li> <li>● <b>General Medical Council (GMC) – Psychiatry</b> <ul style="list-style-type: none"> <li>○ Full Registration</li> </ul> </li> <li>● <b>Health and Care Professions Council (HCPC)</b> <ul style="list-style-type: none"> <li>○ Arts Therapist</li> <li>○ Occupational Therapist</li> <li>○ Practitioner Psychologist</li> </ul> </li> <li>● <b>International Society of Psychotherapy and Counselling (ISPC)</b> <ul style="list-style-type: none"> <li>○ Full Accredited</li> <li>○ Fellow</li> </ul> </li> <li>● <b>Irish Association for Counselling and Psychotherapy (IACP)</b> <ul style="list-style-type: none"> <li>○ Accredited membership</li> </ul> </li> <li>● <b>National Counselling and Psychotherapy Society (NCPS)</b> <ul style="list-style-type: none"> <li>○ Accredited Registrant (MNCPS Acc)</li> <li>○ Accredited Professional Registrant (PNCPS Prof Acc)</li> <li>○ Senior Accredited Registrant status (SNCPs Snr Acc)</li> </ul> </li> <li>● <b>Nursing and Midwifery Council (NMC)</b> <ul style="list-style-type: none"> <li>○ Mental Health Nurse</li> <li>○ Community Mental Health Nurse</li> <li>○ Psychiatric Nurse</li> </ul> </li> <li>● <b>Social Work England (SWE)</b> <ul style="list-style-type: none"> <li>○ Social Worker</li> </ul> </li> <li>● <b>Social Care Wales (SCW)</b> <ul style="list-style-type: none"> <li>○ Social Worker</li> </ul> </li> <li>● <b>Northern Ireland Social Care Council (NISCC)</b> <ul style="list-style-type: none"> <li>○ Social Worker</li> </ul> </li> <li>● <b>UK Council for Psychotherapy (UKCP)</b> <ul style="list-style-type: none"> <li>○ Full clinical membership</li> </ul> </li> <li>● <b>The University Mental Health Advisers Network (UMHAN)</b> <ul style="list-style-type: none"> <li>○ Accredited Practitioner membership</li> </ul> </li> </ul>

## Specialist one-to-one Study Skills and Strategy Support – Specific Learning Difficulties (SS-SPLD)

This role requires membership of one of the following professional bodies at the levels specified.

- The Professional Association of Teachers of Students with Specific Learning Difficulties (PATOSS)

- Full - Specialist teacher/assessor qualified.
- Associate membership – Specialist teacher qualified
- Affiliate Professional – Practitioner Psychologist

- British Dyslexia Association (BDA)

- AMBDA (Associate Membership of the British Dyslexia Association)
- AMBDA FE/HE
- Professional Membership

- The Association of Dyslexia Specialists in Higher Education (ADSHE)

- Professional Quality Assured (QA) Tutor membership

**NOTE:** Affiliate Membership and Professional Assessor Membership of ADSHE does not confer eligibility to deliver this role.

- Dyslexia Guild (DG)

- Associate of The Dyslexia Guild (ADG)
- Associate FE/HE of The Dyslexia Guild (ADG FE/HE)
- Member of The Dyslexia Guild (MDG)
- Fellow of The Dyslexia Guild (FDG)

**NOTE:** Affiliate and Affiliate Online membership of the Dyslexia Guild does not confer eligibility to deliver this role.

## Specialist Mentor – Autism Spectrum (SM-AS)

This role requires qualification through one of the five routes detailed below **AND** 10 hours per year of CPD relevant to the role.

### • Route 1

- Holds **any undergraduate degree** (Level 6 or above).
- **AND** has completed the “Autism and ADHD in Higher Education: Recognising and addressing the barriers through Non-Medical Helper (NMH) Mentoring and Study Skills Strategies” course provided by Optimum Student Support training.

### • Route 2

- Holds **any undergraduate degree** (Level 6 or above).
- **AND** has completed the following six National Autistic Society (NAS) online training modules:
  - Understanding autism
  - Autism and communication
  - Autism and sensory experience
  - Autism, stress, and anxiety
  - Autism: supporting families
  - Women and girls
- **AND** has completed **one** from **Training A, B, C or D in Part 2**.

### • Route 3

- Holds a **relevant undergraduate degree** (Level 6 or above). A relevant degree **must** contain a substantial autism component. Examples of suitable degrees are BA (Hons) Special Educational Needs, BA (Hons) Disability and Inclusion, BA (Hons) Autism, or BA (Hons) Special Educational Needs and Disabilities).
- **AND** has completed **one** from **Training A, B, C or D in Part 2**.

### • Route 4

- Holds a **Postgraduate Certificate (PGC)** in Autism, or Asperger's, or Critical Disability Studies focusing on autism.
- **AND** has completed **one** from **Training A, B, C or D in Part 2**.

### • Route 5

- Holds a **Master of Arts, Master of Education or Doctorate (MA/Med/PhD)** in Education (Autism or Special Educational Needs and Disability or Critical Disability Studies focusing on autism).
- **AND** has completed **one** from **Training A, B, C or D in Part 2**.

## Part 2 – Additional comprehensive training in adult autism

### • Training A

- The “Autism and SPELL in Higher Education” course provided by the National Autistic Society (NAS). This can be by individual attendance at an NAS organised course, or by attendance at an in-house course delivered by NAS tutors.
- **AND** the “Women and girls” online training module provided by the National Autistic Society (NAS) if not taken as part of **Route 2**.

- Training B

- The “Working Effectively with Autistic University Students” course provided by the National Association of Disability Practitioners (NADP).

- Training C

- The “Mentoring and Study Skills and Strategy Support for autistic and ADHD students in HE” course provided by Optimum Student Support.

- Training D

- Any CPD-level accredited course, provided in-house at an HE institution or elsewhere, that is focused on autism in HE as its lead subject.
- **AND** the “Women and girls” online training module provided by the National Autistic Society (NAS) if not taken as part of **Route 2**.

## Specialist one-to-one Study Skills and Strategy Support – Autism Spectrum (SS-AS)

This role requires qualification through one of the six routes detailed below **AND** 10 hours per year of CPD relevant to the role.

### • Route 1

- Holds **any undergraduate degree** (Level 6 or above).
- **AND** has completed the “Autism and ADHD in Higher Education: Recognising and addressing the barriers through Non-Medical Helper (NMH) Mentoring and Study Skills Strategies” course provided by Optimum Student Support training.
- **AND** a **teaching qualification specified in Part 3**.

### • Route 2

- Holds **any undergraduate degree** (Level 6 or above).
- **AND** has completed the following six National Autistic Society (NAS) online training modules:
  - Understanding autism
  - Autism and communication
  - Autism and sensory experience
  - Autism, stress, and anxiety
  - Autism: supporting families
  - Women and girls
- **AND** has completed **one** from **Training A, B, C or D in Part 2**.
- **AND** holds **one** from the **teaching qualifications specified in Part 3**.

### • Route 3

- Holds a **relevant undergraduate degree** (Level 6 or above). A relevant degree **must** contain a substantial autism component. Examples of suitable degrees are BA (Hons) Special Educational Needs, BA (Hons) Disability and Inclusion, BA (Hons) Autism, or BA (Hons) Special Educational Needs and Disabilities).
- **AND** has completed **one** from **Training A, B, C or D in Part 2**.
- **AND** holds **one** from the **teaching qualifications specified in Part 3**.

### • Route 4

- Holds a **Postgraduate Certificate (PGC)** in Autism or Asperger's or Critical Disability Studies focusing on autism (the PGC cannot also be used as a teaching qualification)
- **AND** has completed **one** from **Training A, B, C or D in Part 2**.
- **AND** holds **one** from the **teaching qualifications specified in Part 3**.

### • Route 5

- Holds a **Master of Arts, Master of Education or Doctorate (MA/Med/PhD)** in Education (Autism or Special Educational Needs and Disability or Critical Disability Studies focusing on autism).
- **AND** has completed **one** from **Training A, B, C or D in Part 2**.
- **AND** holds **one** from the **teaching qualifications specified in Part 3**.

- **Route 6**

- Holds a **Bachelor of Education (BEd.) with Qualified Teacher Status (QTS)**. Both the degree certificate and certificate conferring QTS must be held.
- **AND:**
  - **EITHER** has completed the “Autism and ADHD in Higher Education: Recognising and addressing the barriers through Non-Medical Helper (NMH) Mentoring and Study Skills Strategies” course provided by Optimum Student Support;
  - **OR** completed the following six National Autistic Society (NAS) online training modules:
    - Understanding autism
    - Autism and communication
    - Autism and sensory experience
    - Autism, stress, and anxiety
    - Autism: supporting families
    - Women and girls
- **AND** has completed **one** from **Training A, B, C or D in Part 2**

## Part 2 – Additional comprehensive training in adult autism

- **Training A**

- The “Autism and SPELL in Higher Education” course provided by the National Autistic Society (NAS). This can be by individual attendance at an NAS organised course, or by attendance at an in-house course delivered by NAS tutors.
- **AND** the “Women and girls” online training module provided by the National Autistic Society (NAS) if not taken as part of **Route 2**.

- **Training B**

- The “Working Effectively with Autistic University Students” course provided by the National Association of Disability Practitioners (NADP).

- **Training C**

- The “Mentoring and Study Skills and Strategy Support for autistic and ADHD students in HE” course provided by Optimum Student Support.

- **Training D**

- Any CPD-level accredited course, provided in-house at an HE institution or elsewhere, that is focused on autism in HE as its lead subject.
- **AND** the “Women and girls” online training module provided by the National Autistic Society (NAS) if not taken as part of **Route 2**.

### Part 3 – A teaching qualification

- Associate Fellowship of the Higher Education Academy (AFHEA) or higher.
- Certificate in Education (Cert Ed)
- Diploma in Teaching English to Speakers of Other Languages (DELTA) Level 7
- Diploma in teaching in the lifelong learning sector (DTTLS)
- Diploma in Education & Training (DET)
- Postgraduate Certificate in Education (PGCE/PgCert.ED)
- Postgraduate Certificate in Education (PGCE) in Primary Education
- Postgraduate Certificate in Education (PGCE) Post Primary Education
- Postgraduate Certificate in Higher Education (PGCHE)
- Postgraduate Certificate in Academic Practice (PGCAP)
- Postgraduate Certificate in Teaching and Learning in Higher Education (PGCTLHE)
- Qualified Teacher Status (QTS)
- Qualified Teacher Learning & Skills (QTLS)
- Specific Learning Difficulties (SpLD)
  - a) Postgraduate certificate
  - b) Postgraduate diploma
  - c) Master's degree
- Post Graduate Diploma in post 14 Education (PGDE)
- Postgraduate Certificate in Autism

**NOTE:** this cannot be used for two components of Route 4.
- Postgraduate Certificate in Asperger's syndrome

**NOTE:** this cannot be used for two components of Route 4.
- Postgraduate Certificate (PGC) Critical Disability Studies focusing on autism

**NOTE:** this cannot be used for two components of Route 4.

The following professional body memberships can also be accepted as evidence of a teaching qualification:

- The Professional Association of Teachers of Students with Specific Learning Difficulties (PATOSS)
  - Full - Specialist teacher/assessor qualified.
  - Associate membership - Specialist teacher qualified
- British Dyslexia Association (BDA)
  - AMBDA (Associate Membership of the British Dyslexia Association)
  - AMBDA FE/HE
  - Professional Membership
- The Association of Dyslexia Specialists in Higher Education (ADSHE)
  - Professional Quality Assured (QA) Tutor membership
- Dyslexia Guild (DG)
  - Associate of The Dyslexia Guild (ADG)
  - Associate FE/HE of The Dyslexia Guild (ADG FE/HE)
  - Member of The Dyslexia Guild (MDG)
  - Fellow of The Dyslexia Guild (FDG)